

COUPLE SHOOT

SESSION GUIDE





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P H O T O G R A P H Y

Why hello there!

I'm 'Kate Maclean Photography' - a Garden Route based photographer, mom to two GORGEOUS fur babies, champagne lover - and I LOVE what I do!

Now for business!

In this resource, I'll briefly go through the stages of your shoot, outfit recommendations, what to bring to make your couple shoot unique and more!

So, get reading and let's get planning!



The Process

THE PLANNING

First thing in booking your couple shoot is to check availability. Once we have a date secured, we chat about a location – i.e at home, beach, forest, mountain etc etc. (I'm a big fan of the outdoors, so the more adventurous, the better!) Next, we choose a time. I offer a sunrise and sunset slot. This is to get that soft, golden lighting whilst shooting.

THE SESH

MANY clients tell me they don't know how to pose or how to be relaxed in front of a camera - don't worry guuurl, I got you! I strive to offer a very relaxed shoot in which you feel comfortable to be yourself. I will guide you through different poses as we go. If you are more of a visual person, I will have a gallery of 'inspiration' photos which we can use as a basis for poses.

THE PHOTOS

You will defs get that sneak peek back as soon as possible! Not only do I want to see the results, but I know you do too! I aim to get a sneak peek to you within a couple of days of the shoot. Thereafter, I will WeTransfer you the full gallery of images once they have been edited.





What to Wear?

1. MOVEMENT & COMFORT

When choosing your outfit for the shoot, think movement! Dresses and long skirts photograph beautifully – running, swishing your dress, twirling – a lot of my poses incorporate movement, and your outfit choice will complement this. Additionally, think comfort.

2. OUTFIT CHANGES

Um, yes! Feel free to bring along an outfit change or two. This works especially well if we are shooting in two locations. Alternatively, you can just dress your outfit up with a sun hat, a denim jacket, boots etc.

3. COLOURS & COORDINATION

I'm a sucker for an earthy, natural colour palette! Also take your location into account – you want to stand out. For example, don't choose a dark green dress for a forest shoot

Additionally, think 'coordination' instead of 'matching'. Rather than you and your partner wearing the exact same colours, rather choose colours that complement each other. Again, you can't go wrong with neutral tones!

**Side note for the t-shirt lovers: try stay away from shirts with giant logos or distracting patterns.*

4. TOUCH-UPS

Often the best locations require a bit of a walk. This is why I always recommend packing a little touch-up kit – some tissues, lipstick, hairbrush etc. Just to make sure you look as FAB as always!

4. BE YOURSELF

The photos from this session should tell your love story. Confidence shines through so the more comfortable you are with what you are wearing, the better the photos will ultimately be!





What to Bring?

A great way to make your couple session unique to you, is to bring 'props' with. Some of my favourite are:



Your fur children



Champagne (to spray or sip on!)



Retro sunglasses



Picnic vibes (blanket, basket etc)



Smoke bombs



A big sun hat is always a vibe!



Vintage car

Anything that is YOU!

Let's get Planning

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